

Hudl Tablet User Guide

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The Year's Best Science Fiction Vol. 1 Jonathan Strahan 2020-09-08 The definitive guide and a must-have collection of the best short science fiction and speculative fiction of 2019, showcasing brilliant talent and examining the cultural moment we live in, compiled by award-winning editor Jonathan Strahan. With short works from some of the most lauded science fiction authors, as well as rising stars, this collection displays the top talent and the cutting-edge cultural moments that affect our lives, dreams, and stories. The list of authors is truly star-studded, including New York Times bestseller Ted Chiang (author of the short story that inspired the movie Arrival), N. K. Jemisin, Charlie Jane Anders, and many more incredible talents. An assemblage of future classics, this anthology is a must-read for anyone who enjoys the vast and exciting world of science fiction.

Raspberry Pi Zero W Wireless Projects Vasilis Trivaras 2017-08-28 Build DIY wireless projects using the Raspberry Pi Zero W board About This Book Explore the functionalities of the Raspberry Pi Zero W with exciting projects Master the wireless features (and extend the use cases) of this \$10 chip A project-based guide that will teach you to build simple yet exciting projects using the Raspberry Pi Zero W board Who This Book Is For If you are a hobbyist or an enthusiast and want to get your hands on the latest Raspberry Pi Zero W to build exciting wireless projects, then this book is for you. Some prior programming knowledge, with some experience in electronics, would be useful. What You Will Learn Set up a router and connect Raspberry Pi Zero W to the internet Create a two-wheel mobile robot and control it from your Android device Build an automated home bot assistant device Host your personal website with the help of Raspberry Pi Zero W Connect Raspberry Pi Zero W speakers to play your favorite music Set up a web camera connected to the Raspberry Pi Zero W and add another security layer to your home automation In Detail The Raspberry Pi has always been the go-to, lightweight ARM-based computer. The recent launch of the Pi Zero W has not disappointed its audience with its \$10 release. "W" here stands for Wireless, denoting that the Raspberry Pi is solely focused on the recent trends for wireless tools and the relevant use cases. This is where our book—Raspberry Pi Zero W Wireless Projects—comes into its own. Each chapter will help you design and build a few DIY projects using the Raspberry Pi Zero W board. First, you will learn how to create a wireless decentralized chat service (client-client) using the Raspberry Pi's features. Then you will make a simple two-wheel mobile robot and control it via your Android device over your local Wi-Fi network. Further, you will use the board to design a home bot that can be connected to plenty of devices in your home. The next two projects build a simple web streaming security layer using a web camera and portable speakers that will adjust the playlist according to your mood. You will also build a home server to host files and websites using the board. Towards the end, you will create free Alexa voice recognition software and an FPV Pi Camera, which can be used to monitor a system, watch a movie, spy on something, remotely control a drone, and more. By the end of this book, you will have developed the skills required to build exciting and complex projects with Raspberry Pi Zero W. Style and approach A step-by-step guide that will help you design and create simple yet exciting projects using the Raspberry Pi Zero W board.

Advanced Strength and Conditioning Anthony Turner 2022-02-15 Becoming an effective strength and conditioning practitioner requires the development of a professional skills set and a thorough understanding of the scientific basis of best practice. Aimed at advanced students and novice-to-expert practitioners, in this book the authors explore the latest scientific evidence and apply it to exercise selection and programming choices across the full range of areas in strength and conditioning, from strength and power, speed and agility, to aerobic conditioning. Since the first edition of this text was written extensive research has expanded the supporting evidence base that provides the theoretical foundation for each chapter. In addition, some areas that were previously under-researched have now been expanded and some key concepts have been further challenged. Each chapter is written by experts with experience in a wide variety of sports, including both applied and research experience, ensuring this concise but sophisticated textbook is the perfect bridge from introductory study to effective professional practice. While advanced concepts are explored within the book, the coach must not forget that consistency in the application of the basic principles of strength and conditioning is the foundation of athletic development. **Advanced Strength and Conditioning: An Evidence-based Approach** is a valuable resource for all advanced students and practitioners of strength and conditioning and fitness training.

My Samsung Galaxy Tab 3 Eric Butow 2013 Presents a guide to the features of the Samsung Galaxy Tab 3, covering such topics as the Android operating system, using Google Play, sending email and multimedia messages, installing and maintaining apps, and connecting to the cloud.

As Boys Become Men Mukul Kumar 2016-03-14 Freedom, friends and fun. That's how most of us remember our college years. But for those studying to get into the coveted Indian Civil Services, college life acquires an additional layer. As Boys Become Men revolves around three such boys, Mihir, Uday and Sandeep, who set out together to crack the Civil Services exam. Narrated by the thoughtful and intense Mihir, this book explores college life, friendship, romance, leaving home and adjusting to a new environment, and describes how negotiating the path between dharma and desire, love and lust, can be tricky. A sparkling story of the bond between a boisterous trio, the book will take you on a journey of discovery, where boys become men, and students become civil servants. In the course the book also ends up telling us what not to do when writing the Civil Services exam. A slice-of-life tale with a 'Mona Lisa' flavour that offers fun and romance aplenty, this book also imparts philosophical truths that will help every young person out to discover life.

Japanese Style Companion Planting Toshio Kijima 2020-06-02 Japanese Style Companion Planting brings the techniques of a master farmer in Japan to home gardeners all over the world, with over 175 easy-to-follow color illustrations and detailed texts. Japanese gardeners typically work with small plots and are experts at making the most efficient use of available garden space. They have long understood that when compatible vegetables and fruits are grown together, the result is increased yields, healthier plants, fewer pest problems and better taste. Vegetables from small gardens are the mainstay of Japan's famously healthy cuisine and movement towards farm-to-table dining tradition. Author Toshio Kijima is head of the Biotechnology Department at Tochigi Agricultural Station in Japan and principal of the Nogyo Daigakko School of Natural Farming. In this book, he provides 88 different plant pairings, including common favorites such as: Tomato with basil Eggplant with green beans Carrots with edamame Iceberg lettuce with broccoli Strawberries with garlic Green beans with arugula Blueberry bushes with mint ...and dozens of other pairings that yield tasty, nutritious vegetables and fruits, all grown without the need for pesticides or chemical fertilizers. This book also covers excellent combinations for relay planting, such as watermelon followed by spinach, spinach followed by broccoli, broccoli followed by potato, and many more. Clear and precise instructions are given for each combination—from planning and preparing your plot to planting depths and spacing—all accompanied by detailed color drawings and photographs. Information on the theory and basics of companion planting will ensure a smooth transition to sustainable gardening techniques that millions of home gardeners are using!

Hudl in Easy Steps Nick Vandome 2014-05-30 Provides a basic introduction to the Hudl tablet computer, including creating a Google account, personalization, navigating screens, email, applications, viewing video, ebooks, and security.

Beginning ASP.NET E-Commerce in C# Karli Watson 2009-04-30 Teaching readers how to best use the free development tools offered by Microsoft to build an online product catalog, this guide offers an intimate understanding of every piece of code they write, enabling them to build their own flexible Web sites with ASP.NET 3.5.

Real Estate Record and Builders' Guide 1918

Chocolates and Confections: Formula, Theory, and Technique for the Artisan Confectioner, 2nd Edition Peter P. Greveling 2012-10-16 Chocolates & Confections, 2e offers a complete and thorough explanation of the ingredients, theories, techniques, and formulas needed to create every kind of chocolate and confection.É It is beautifully illustrated with 250 full-color photographs of ingredients, step-by-step techniques, and finished chocolates and confections.É From truffles, hard candies, brittles, toffee, caramels, and taffy to butter ganache confections, fondants, fudges, gummies, candied fruit, marshmallows, divinity, nougat, marzipan, gianduja, and rochers, Chocolates & Confections 2e offers the tools and techniques for professional mastery.

Teacher Exchange Opportunities ... United States. Office of Education 1957

Markets Never Forget (But People Do) Kenneth L. Fisher 2011-11-08 Sir John Templeton, legendary investor, was famous for saying, "The four most dangerous words in investing are, 'This time it's different.'" He knew that though history doesn't repeat, not exactly, history is an excellent guide for investors. In *Markets Never Forget But People Do: How Your Memory Is Costing You Money and Why This Time Isn't Different*, long-time Forbes columnist, CEO of Fisher Investments, and 4-time New York Times bestselling author Ken Fisher shows how and why investors' memories fail them—and how costly that can be. More important, he shows steps investors can take to begin reducing errors they repeatedly make. The past is never indicative of the future, but history can be one powerful guide in shaping forward-looking expectations. Readers can learn how to see the world more clearly—and how to make fewer errors—by understanding just a bit of investing past.

Don't Roll Your Eyes at Me, Young Man! Jerry Scott 2000-09 More selections from the "Zits" comic strip, featuring 15-year-old aspiring rock musician Jeremy Duncan, his sort-of girlfriend Sarah Toomey, best friend Hector, and the entire Duncan family, classmates, and teachers.

Guide to American Literature from Its Beginnings Through Walt Whitman James T. Callow 1976

My Best: Joël Robuchon Joël Robuchon 2016-01-12 Make Joël Robuchon's ten finest recipes: Tomato and crab millefeuille * Sea urchin and fennel * Cream of sea urchins and fennel * Langoustine and truffle ravioli * Caviar jelly with cauliflower cream * Crown of langoustines * Tender salmon roasted in virgin olive oil * Smoked bacon, onion and truffle tart * Gratin of macaroni with truffles, celery, and foie gras * Lamb, eggplant, zucchini, and tomato pie * Savarin with Kirsch

The Official Railway Guide 1896

Basketball on Paper Dean Oliver 2020-02-15 Journey "inside the numbers" for an exceptional set of statistical tools and rules that can help explain the winning, or losing, ways of a basketball team. Basketball on Paper doesn't diagram plays or explain how players get in shape, but instead demonstrates how to interpret player and team performance. Dean Oliver highlights general strategies for teams when they're winning or losing and what aspects should be the focus in either situation. He describes and quantifies the jobs of team leaders and role players, then discusses the interactions between players and how to achieve the best fit. Oliver conceptualizes the meaning of teamwork and how to quantify the value of different types of players working together. He examines historically successful NBA teams and identifies what made them so successful: individual talent, a system of putting players together, or good coaching. Oliver then uses these statistical tools and case studies to evaluate the best players in history, such as Magic Johnson, Wilt Chamberlain, Bill Russell, and Charles Barkley and how they contributed to their teams' success. He does the same for some of the NBA's "oddball" players—Manute Bol, Muggsy Bogues, and Dennis Rodman and for the WNBA's top players. Basketball on Paper is unique in its incorporation of business and analytical concepts within the context of basketball to measure the value of players in a cooperative setting. Whether you're looking for strategies or new ideas to throw out while watching the ballgame at a sports bar, Dean Oliver's Basketball on Paper will give you amazing new insights into teamwork, coaching, and success.

Physicians' Desk Reference for Nonprescription Drugs 1998

Daily Routines to Jump-Start Math Class, High School Eric Milou 2018-07-31 Kickstart your class with five daily 5–10 minute routines, all of which include content-specific examples, extensions, and variations for high school mathematics. This resource offers a year's worth of daily instructional material that you can use to begin each class period, and will help students frequently revisit essential mathematical concepts Foster and shore up conceptual understanding Engage in mental mathematics, leading to efficiency and fluency Engage in mathematical discourse by constructing viable arguments and critiquing the reasoning of others Reason mathematically, and prepare for high stakes assessments Move learning beyond "correctness" by valuing mistakes and discourse and encouraging a growth mindset

Hudl 2 Repairs VISUAL GUIDE Andrew Gibson 2017-04-10 The Hudl 2 Visual Repair guide is designed to take someone with no experience of repairing Hudl 2 tablets through the whole process of fixing any type of hardware fault. In includes a detailed step by step tear down of the Hudl 2 as well as covering virtually every type of hardware fault and some common software based issues. Learn how to diagnose, troubleshoot faults and more importantly fix them! After running a successfully Hudl 2 repair business, I decided to share my knowledge with the world. The book also includes advanced repair techniques and projects you can follow to make use of a broken Hudl 2 as a desktop PC, or Kodi media centre. Packed with tips and techniques, it provides everything you could possibly need to start successfully repairing Hudl 2 tablets. Including step by step guides to: Hudl 2 Screen Replacement Hudl 2 Charging Board Replacement Hudl 2 Battery Replacement Troubleshooting Motherboard Issues How to resolve Gapps Errors on a Hudl 2

Strategy Builder Stephen Cummings 2015-02-13 A visual and interactive guide to building and communicating strategies that actually work YOUR STRATEGY HAS SEVEN SECONDS TO CAPTIVATE ITS AUDIENCE... So how are you going to present it? A big wordy document? A lengthy address? Slides full of bullet points? The best way to engage and involve people is through pictures. Strategy Builder shows you how to creatively combine the best strategy frameworks to orient and animate strategy discussion and development in your team. This visual, interactive guide, with illustrations by Visory, uses real world examples and practical tips to help you: Discover the five key foundations that every strategy should be built upon Draw compelling and unique pictures that capture your organization's distinct strategies Develop your skills as a leader of strategy discussions Understand how to use interactive drawing to engage others and achieve 'buy in' Additional online resources available including Strategy Drawing Templates, plus Builder Slides and case studies materials for instructors. Locate the 'Companion Website' link towards the bottom of this page to access these materials. Test your strategic vision or develop a new strategic plan based on the best elements of key strategic frameworks by trying the FREE interactive Strategy Builder app, developed in association with StrategyBlocks, at www.strategicplan.com Praise for Strategy Builder: Cummings & Angwin are pioneers in introducing novel approaches in teaching and applying the principles of strategy --Robert M. Grant, Bocconi University, author of Contemporary Strategy Analysis In a complex, fast changing world, where we are bombarded by words, numbers and reports, the visual-first approach to strategy provided by Strategy Builder is immensely helpful for inspiring and communicating a clearer vision of how to move forward. -- Rachna Bhasin, VP Strategy, SiriusXM At last someone has grasped this idea and come up with a way to help us demonstrate strategic plans and ambitions in a creative new way. --Vikki Heywood CBE, Chair of The Royal Society for the Arts This wonderful book is the first to solve a near-universal problem: communicating strategic ideas is just as hard and just as important as coming up with them in the first place, and both are visual activities. The question is not "Do you understand?" but "Do you see?" --William Duggan, Professor, Columbia University, author Strategic Intuition This book shows how to draw an organization's strategy so you see what's been considered, what's not been considered, and how things are related... Strategy building is presented as a fun and involving learning process. The approach is revolutionary in that it enables not only the development but also the easy sharing of strategic understanding. --Roger L.M. Dunbar, Emeritus Professor, Stern School of Business, New York University What a great idea! They layout is also really thoughtful; it makes you immediately want to get out a pencil and start doodling. --Adam Martin, Customer Solutions Director, The Brakes Group As a time pressed executive it was a delight to find a book that I can dip into to find the best strategy frameworks - those that have proved the test of time and academic scrutiny as being truly useful in the workplace. Even better for an inveterate scribbler: endorsement that a picture and 'permission to play' with ideas visually really does say a thousand words and more! --Sarah Mitson, Global Business Director, TNSGlobal This is an invaluable resource for any executive wanting to improve engagement in strategy development and c

The Complete Guide to Sports Training John Shepherd 2013-05-31 The Complete Guide to Sports Training is the definitive practical resource for anyone wishing to improve their performance and for coaches looking to get the best out of their athletes. It demystifies sports science and provides athletes and coaches with the basic building blocks they need to maximise performance. Starting with the basics and progressing to the specific elements all athletes need - speed, endurance and power - this invaluable handbook explains the theory in simple, easy-to-understand terms before discussing the most effective training methods and techniques, as well as giving guidance on developing a training plan, sports psychology and training younger and older athletes. This is the first time such a wealth of sports science knowledge has been available in one book and written in such an accessible style, and should become the sports training handbook for athletes, coaches and sports science students.

Training and Coaching the Paralympic Athlete Yves C. Vanlandewijck 2016-06-07 Part of the esteemed IOC Handbook of Sports Medicine and Science series, this new volume on Training and Coaching the Paralympic Athlete will be athlete-centred with each chapter written for the practical use of medical doctors and allied health personnel. The chapters also consider the role of medical science in the athlete's sporting career and summarize current international scientific Paralympic literature. Provides a concise, authoritative overview of the science, medicine and psycho-social aspects of training and coaching disabled and Paralympic athletes. Offers guidance on medical aspects unique to the training and coaching of Paralympic athletes Endorsed by both the International Olympic Committee (IOC) and the International Paralympic Committee (IPC) Written and edited by global thought leaders in sports medicine

Adapt or Die Dub Maddox 2018-03-28 Football is evolving rapidly. Defenses are accelerating their ability to adapt to the no-huddle tempo, the full-field passing attack, and RPO advancements of the modern Offensive passing game. The Offense must adapt or get left behind. Fortunately, the R4 System continually advances, making an already proven equalizer the decisive weapon to fast-track Offensive adaptability against the modern warfare of Defense. Dub Maddox picks up where he left off with

"Headset to Helmet." In "Adapt or Die," he provides an R4 field manual for coaches and players that provides fundamental tools to improve timing and space creation. Then he reveals how to implement new R4 scheme strategies that drive adaptability through simplicity. In this book you will learn how to: Maximize drop-time advantages with a "toolbox" of quarterback under-center and shotgun drop · Increase route-side space advantage with a "toolbox" of wide receiver releases · Apply and execute specific route techniques for the Rhythm, Read, Rush and Release families · Reduce the number of concepts carried into the game by creating plays within a pass play · Apply progression playbooks that accelerate adaptability for any concept · Implement the R4 route rules to maintain a full-field attack on any given pass play · Advance R.P.O. concepts with route attachment progressions

The Preparedness Roadmap Forrest Garvin 2020-11-22 If the world as you know it upended today, would you be prepared for the challenges to come? Hollywood serves up an endless supply of nightmares including war, climate catastrophes, and meteor strikes. But are these all imaginary? Millions of people around the world have opened their eyes to the potential for disasters big and small, from Electro-Magnetic Pulses, and attacks on the electrical grid down to medical emergencies and job loss. They do this because they believe life can change at a moment's notice. And they aren't wrong. We are walking on a razor's edge - politically, financially, and technologically. Major disruption is no longer the realm of fiction. And you may feel it too... "The Preparedness Roadmap" approaches these life-changing events from the perspective of personal responsibility and self-reliance. Only by taking control of your own state of readiness can you reduce the stress that comes with disaster awareness. Preparing yourself and your family for disasters big and small is an act of love. But how do you get started on that path? What is the roadmap for success? "The Preparedness Roadmap" approaches disaster readiness with a series of practical tasks laid out over twelve months. During each block of time, we cover the three most important aspects of your path: what to buy, what to learn, and how to improve your mindset. "The Preparedness Roadmap" takes a measured approach to improving your survival posture, one that recognizes success results from a slow and steady approach that builds and reinforces good habits (the marathon) and not quick all-consuming action resulting from fear (the sprint). "The Preparedness Roadmap" is written for both the novice prepper seeking an experienced guide on their journey and for the seasoned prepper looking for new inspiration and a tune-up. "The Preparedness Roadmap" is a must-have for the library of every household seeking to improve their position in this unstable world.

Amazon Web Services For Dummies Bernard Golden 2013-08-09 Create dynamic cloud-based websites with Amazon Web Services and this friendly guide! As the largest cloud computing platform in the world, Amazon Web Services (AWS) provides one of the most popular web services options available. This easy-to-understand guide is the perfect introduction to the Amazon Web Services platform and all it can do for you. You'll learn about the Amazon Web Services tool set; how different web services (including S3, Amazon EC2, and Amazon Flexible Payments) and Glacier work; and how you can implement AWS in your organization. Explains how to use Amazon Web Services to store objects, take payments, manage large quantities of data, send e-mails, deploy push notifications, and more from your website Details how AWS can reduce costs, improve efficiency, increase productivity, and cut down on expensive hardware investments - and administrative headaches - in your organization Includes practical examples and helpful step-by-step lists to help you experiment with different AWS features and create a robust website that meets your needs Amazon Web Services For Dummies is exactly what you need to get your head in the cloud with Amazon Web Services!

The ICT Handbook for Primary Teachers David Hall 2015-06-12 The ICT Handbook for Primary Teachers will help all those involved in primary education, whether in training, teaching or leadership roles, to develop the ICT knowledge, understanding and skills required to enhance children's learning in the classroom. This new edition reflects the changes to the curriculum from 2014. It includes a new section on the Computing curriculum and an overview of the reorganisation of those online agencies that serve to support ICT. Covering theory and practise this essential handbook explores and outlines the usefulness of a wide range of up to date ICT resources in a range of primary contexts, and advice is offered on assessing whether ICT is preferable to other approaches for 'enhancing learning'. With reference to supplementary online resources, providing activities, multimedia resources and further reading, the book covers: the requirements of the new Computing curriculum, the place for ICT in enhancing teaching and learning across the curriculum, using ICT in core curriculum subjects and in cross-curricular contexts, different models of e-learning (interactive whiteboards, tablet PCs, mobile devices, the Internet etc), how ICT can be used to help pupils with special educational needs and using ICT for planning, delivery, assessment and recording. This book is an indispensable guide to ICT for students on PGCE, BEd and undergraduate teaching courses, along with practising teachers, SENCOs, ICT coordinators and school leaders.

Recovery from Parkinson's Janice Hadlock 2020-06 Parkinson's disease is a curable syndrome. The sub-dermal bioelectric pattern seen in people with idiopathic ("cause unknown") Parkinson's disease is one that should only occur for a short time: when a person is in a coma or on the verge of death. In this emergency biological state, brain-dopamine amounts are normal, but release of dopamine for automatic motor function is inhibited - just like in people with Parkinson's disease. Over years, in people with PD, this pattern turns with steadily increasing strength. Four very different types of events can trigger this pattern. Four corresponding, do-it-yourself treatments can turn it off. When this pattern turns off, Parkinson's ceases. This book explains how to confirm a diagnosis of Parkinson's and how to determine which of the four triggers was used. It explains how and why the symptoms of Parkinson's match those of a person in this usually short-term neurological mode, and what to expect during recovery.

Get Going with Hudl 2 Nick Vandome 2015-04 This pocket-size book will help readers to get started quickly with their Hudl 2, the popular Android tablet from British supermarket, Tesco.

Foundations of Strategy Robert M. Grant 2015-07-20 Foundations of Strategy, Canadian Edition is a concise text aimed at both undergraduate and MBA students. With the needs of these students in mind, the authors made sure that the text was written in an accessible style, with a clear, comprehensive approach and sound theoretical depth. An excellent set of current and in-depth Canadian and global cases will show students how to apply the strategy concepts in real-world scenarios. Today's strategy modules are delivered in a wide variety of different formats to a wide range of audiences. Instructors frequently find themselves faced with the challenge of delivering their modules in relatively short time frames to student groups with very diverse educational and employment backgrounds. This text is designed to assist instructors in meeting this challenge by covering the core aspects of strategy as concisely as possible without losing academic depth.

Plants vs. Zombies: Official Guide to Protecting Your Brains Simon Swatman 2016-04-12 Plants vs. Zombies: The Official Guide to Protecting Your Brains is a must for kids who love the video game Plants vs. Zombies. There are more than twenty-five types of zombies in the fantastical world of Plants vs. Zombies, and each has a special talent—from pole-vaulting to digging to teaming up with a zombie dolphin. Fortunately, a gamer armed with The Official Guide to Protecting Your Brains has all the tricks, knowledge, and strategy needed to plant a garden—perhaps with a few Fume-shrooms, Cherry Bombs, and Potato Mines—that will defeat each member of the fun-loving, brain-eating mob. The zombies won't have a chance!

Gun Trader's Guide, Forty-Second Edition Robert A. Sadowski 2020-10-06 If you are seeking a comprehensive reference for collectible gun values, the Gun Trader's Guide is the only book you need. Included are extensive listings for handguns, shotguns, and rifles from some of the most popular manufacturers, including Beretta, Browning, Colt, Remington, Savage, Smith & Wesson, Winchester, and many more. The Gun Trader's Guide is a one-stop manual to buying collectible firearms. For more than half a century, this guide has been the standard reference for collectors, curators, dealers, shooters, and gun enthusiasts. Updated annually, it remains the definitive source for making informed decisions on used firearms purchases. With more than two million copies sold and in its forty-second edition, this updated Gun Trader's Guide boasts dozens of new entries and includes a complete index and a guide on how to properly and effectively use this book in order to find the market value for your collectible modern firearm. Determine the new prices for any firearm you want to sell or trade, whether its condition is in-box, excellent, or good. With new introductory materials that every gun collector and potential buyer should read, this book is the ultimate guide to purchasing classic or discontinued firearms. No matter what kind of modern firearm you own or collect, the Gun Trader's Guide should remain close at hand.

Hudl For Dummies Rosemary Hattersley 2014-06-03 Provides a basic introduction to the Hudl tablet computer, including creating a Google account, connecting to Wi-Fi, personalization, navigating screens, email, applications, social media, viewing video, eBooks, and troubleshooting.

Cognitive Training Tito Strobach 2016-11-16 This book brings together a cutting edge international team of contributors to critically review the current knowledge regarding the effectiveness of training interventions designed to improve cognitive functions in different target populations. There is substantial evidence that cognitive and physical training can improve cognitive performance, but these benefits seem to vary as a function of the type and the intensity of interventions and the way training-induced gains are measured and analyzed. This book further fulfills the need for clarification of the mechanisms underlying cognitive and neural changes occurring after training. This book offers a comprehensive overview of empirical findings and methodological approaches of cognitive training research in different cognitive domains (memory, executive functions, etc.), types of training (working memory training, video game training, physical training, etc.), age groups (from children to young and older adults), target populations (children with developmental disorders, aging workers, MCI patients etc.), settings (laboratory-based studies, applied studies in clinical and educational settings), and methodological approaches (behavioral studies, neuroscientific studies). Chapters feature theoretical models that describe the mechanisms underlying training-induced cognitive and neural changes. Cognitive Training: An Overview of Features and Applications will be of interest to researchers, practitioners, students, and professors in the fields of psychology and neuroscience.

Blame it on Bianca Del Rio Bianca Del Rio 2018-06-14 Not today, Satan. The cheeky, larger-than-life drag queen and outrageous comic - 'The Joan Rivers of the Drag World' (New York Times) - who isn't afraid to shock or offend brings her trademark acerbic wit and sharp commentary to the page in an uproarious illustrated collection of advice. When it comes to insult comics, Bianca Del Rio is in a class by herself. Fierce, funny, and fabulous - a would-be love child sired by John Waters and birthed by Joan Rivers - Bianca sandblasted her name in the annals of pop culture on RuPaul's Drag Race. Thanks to her snarky frankness, impeccable comedic timing, and politically incorrect humour, she became the show's breakout star, winning its sixth season. In Blame It On Bianca Del Rio, Bianca shares her opinions loudly and proudly, offering raucous, hilarious, no-holds-barred commentary on the everyday annoyances, big and small, that color her world, and make it a living, albeit amusing, hell for anyone who inhabits it. A collection of biting advice filled with vibrant photos from Bianca's twisted universe, Blame It On Bianca Del Rio will shock you and keep you laughing. But be warned: it is not for the faint of heart!

Computing Fundamentals Faithe Wempen 2014-07-23 The Basic Computing Skills You Need to Enhance Your Academic Education Computing Fundamentals provides students with the basic computing skills needed to get the most from their educational endeavors, regardless of field of study. Written by Microsoft Office Master Instructor Faithe Wempen, this detailed resource helps you develop a strong understanding of how computers work and how they affect our society. In addition to helping you master essential computing tasks such as working with operating systems, applications, and the Internet, this book also provides you with the knowledge you need for computing basics. Learn the types of computer hardware and how they work together. Understand operating systems and application software. Get a complete introduction to Windows® 7. Learn the basics of Microsoft Office applications. Understand the essential technologies behind networking, the Internet, and the web. Learn how to protect your online privacy and security. Explore legal, ethical, and health issues of computing. Each chapter includes a summary, list of key terms, and sample questions to help you master basic computer skills.

Muscle Memory and Imagery Archie Smith 2017-11-07 Why this book? Because it answers questions you may have wondered: "Why am I not getting better at tennis?" "Why do I take a lesson, end up hitting well, and then play lousy the next day?" It all relates to your muscle memory, or actually the lack of good muscle memory. Most of your practice and play do little more than reinforce the current shots that you want to improve. Little wonder you end up hitting like you always do when you play the next day, and then are frustrated because your game is off and you were hitting so well yesterday at the end of the lesson. It is muscle memory that makes your tennis game what it is, for the good or for the bad. If you want to take your game to a higher level you need techniques to create the muscle memory needed to win. This book is the science of muscle memory - how to avoid messing up, and how to optimize. Research and common sense suggests you can improve and have the good results stay with you - all with less time and effort. This book is the way to Better Tennis, no matter what your level - novice or pro. By practicing differently than you have ever been instructed, science suggests you can substantially improve your game. You achieve this by use of Muscle Memory Practice. This book tells how. Another path to Better Tennis is Imagery. Again, the science and research are reviewed. A plan to incorporate Imagery use is provided. With just a few short minutes per day of Imagery use, your serve, your return, and your game can improve. You win more points. This book tells how. Plus, there are even more paths to Better Tennis. Surely you will find something useful. Enjoy!

Android Tablets For Dummies Dan Gookin 2016-10-28 A quick and easy reference to get the most out of your Android tablet. It's not a computer and it's not a smartphone—so what in the world is it? Whether you're new to Android or new to tablets altogether, you're about to experience mobile computing like never before with this fun, full-color guide! In Android Tablets For Dummies, you'll find clear, easy-to-follow explanations for making sense of all the features native to Android tablets, as well as model-specific guidance. Inside, trusted tech guru Dan Gookin—who wrote the very first For Dummies book in 1991—walks you through setting up your Android tablet, navigating the interface, browsing the web, setting up email, finding the best apps, and so much more. No matter which Android tablet tickles your fancy, this hands-on guide takes the intimidation out of the technology and gives you everything you need to make the most of your new device. Set up your tablet, configure the Home screen, and get connected. Surf the web, send and receive email and texts, and use video chat and social media to keep in touch with family and friends. Have fun with photos, videos, games, eBooks, music, and movies. Get up and running with the Nougat Operating System. If you're eager to learn the ins and outs of your Android device—but don't want to pull your hair out in the process—this one-stop guide has you covered.

The Modern Witchcraft Guide to Fairies Skye Alexander 2021-06-15 Interact with magical fairy folk and incorporate them into your own witchcraft practice with this detailed account of the ancient wisdom and traditions of fairies and witchcraft. Fairies have long been a part of witchcraft traditions, especially Celtic and Norse witchcraft, paganism, and other traditions deeply tied to the earth. But these fairies aren't the harmless creatures you've read about in children's tales: they are magical creatures with their own culture and rules that you need to know before venturing into their territory. Now you can explore the world of the fairies and how their magic relates to your own witchcraft practice with The Modern Witchcraft Book of Fairies. This book provides you with all the information you need to know about the different types of fae folk and how you can safely interact with them to make the most of your witchcraft practice.

The Use of Technology in Sport Daniel Almeida Marinho 2018-11-14 The development and implementation of new technology devices to help professionals, athletes, and non-athletes improve their physical fitness, performance, health, and well-being have emerged in the last few years. This book briefly overviews the current state of the art in technology applied to sports, providing examples, literature syntheses, and recent applications to sports, focused on the most important evidenced-based developments in this area. Attention is drawn to issues and unusual matters that may arise when it comes to technological innovation applied to sport. For the reader, this could be a different perspective on technological progress in physical activity.